

(Ebook free) Grow Harvest Cook: 280 Recipes from the Ground Up

Grow Harvest Cook: 280 Recipes from the Ground Up

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Meredith Kirton, Mandy Sinclair : Grow Harvest Cook: 280 Recipes from the Ground Up before purchasing it in order to gage whether or not it would be worth my time, and all praised Grow Harvest Cook: 280 Recipes from the Ground Up:

0 of 0 people found the following review helpful. A great Christmas gift!By Sandy from WVThis is the book my daughter had been wanting for a long time. Bought it for her for Christmas and she loves it.0 of 2 people found the following review helpful. Five StarsBy BradMy wife is enjoying the book.

The essential companion for anyone wanting to grow, harvest, and cook their own produce. Once upon a time, having pumpkins growing rampant at the back fence and hens sitting protectively on their eggs was a common experience for many people. However, today the reliance on packaged food has seen the loss of this vital link between patch and

plate. *Grow Harvest Cook* is about rekindling the thrill of a home harvest, the fulfillment of a pantry stocked with homemade goodness, and the joy of sharing a lovingly prepared meal made with your own produce. *Grow Harvest Cook* is an essential companion, whether you have a small urban garden or are looking to establish a substantial kitchen garden for your home. This stunning 400-page book takes the reader through more than ninety types of produce—from almonds to oranges to zucchini—providing simple information about growing conditions and harvesting tips, ideas for making the most of your produce, including preserving, drying, and freezing, and fresh and simple recipes to make all year round. Alphabetized for easy reference, each page is filled with gorgeous full-color photographs of the produce and the recipes. Food never tastes better than when you've grown and prepared it yourself! *Grow Harvest Cook* will inspire you to green your thumb, don your apron, and share your own good food with friends and family.

" ing the pages of this combo gardening and recipe book has made me eager to start receiving something that's been picked fresh, locally. Between the photos and recipes, the summing growing and harvesting season can't begin soon enough for me. As you turn each page, you will discover spectacular, full-color photographs...I become hungry, always a good sign for a cookbook. The recipes I've sampled have delivered on their promise of fresh, tasty meals. - About.com "The book is well laid out and easy to use, with a good list of contents at the front and a very useful index at the rear.I found lots of suggestions for combining some ingredients which were fresh and new to me and I think that is this book's best feature - it gets you thinking about different ways to use familiar ingredients.This is a solid, hardback book - which looks like it will withstand being handled in the kitchen without falling to bits, a huge bonus if you have ever had old favorite paperback books disintegrate due to handling! This book also has some lovely illustrations and beautiful photographs.*Grow Harvest Cook* has been added to the bookshelves." the-compostbin.com About the Author Meredith Kirton professes a lifelong commitment to gardening and horticulture. She has had a varied career, including writing, garden-tour guiding, design, and speaking at various events across Australia. Mandy Sinclair is a Sydney-based food writer and home economist with over twenty years experience in the food industry. Whilst food is her passion, the commitment to promoting fresh, seasonal produce is something that is close to Mandy's heart and is evident in her recipe writing.